

Explore the Bible. Experience the Gospel.



Follow along with friends and family at bwoc.cc/journey

1/1 - Recruit friends!	1/16 - Ephesians 4:1-6
1/2 - Are your friends ready?	1/17 - Ephesians 4:7-16
1/3 - Ephesians 1:1-2	1/18 - Ephesians 4:17-24
1/4 - Ephesians 1:3-10	1/19 - Ephesians 4:24-32
1/5 - Ephesians 1:11-14	1/20 - Ephesians 5:1-9
1/6 - Ephesians 1:15-18	1/21 - Ephesians 5:10-14
1/7 - Ephesians 1:19-23	1/22 - Ephesians 5:15-20
1/8 - Ephesians 2:1-5	1/23 - Ephesians 5:21-24
1/9 - Ephesians 2:6-10	1/24 - Ephesians 5:25-30
1/10 - Ephesians 2:11-18	1/25 - Ephesians 5:31-33
1/11 - Ephesians 2:19-22	1/26 - Ephesians 6:1-4
1/12 - Ephesians 3:1-6	1/27 - Ephesians 6:5-9
1/13 - Ephesians 3:7-13	1/28 - Ephesians 6:10-17
1/14 - Ephesians 3:14-17	1/29 - Ephesians 6:18-20
1/15 - Ephesians 3:18-21	1/30 - Ephesians 6:21-24
	1/31 - Recap with friends!

Tips for the Journey:

- Commit to place and time each day before breakfast or before you go to bed - get in a rhythms.
- Invite 2-3 friends to join you on the journey with a text group or a weekly meetup. Share verses, insights and questions that come up.
- 3. Practice journaling a little here and there it adds up!